

Self Evaluation Form for Supervisors *(Lietz, 2005)*

Rate yourself on the following questions. Add up your total score and follow your ongoing progress with reflective supervision.

	Disagree	Not Sure	Agree	Strongly Agree
In this supervisory session, I did more talking than I did listening.	4	3	2	1
In this supervisory session, I asked reflective questions that caused my supervisee to think.	1	2	3	4
In this supervisory session, I was distracted and did not follow up on what the supervisee was saying or what s/he shared in previous meetings.	4	3	2	1
In this session, I acknowledged my supervisees strengths and how these are helpful in interaction with clients.	1	2	3	4
In this supervisory session, I was irritated with my supervisee and that was apparent.	4	3	2	1
In this supervisory session, I showed genuine support for the supervisee.	1	2	3	4
In this supervisory session, I accepted what the supervisee said without questioning his/her thinking on the case.	4	3	2	1
In this supervisory session, I provided some structure that allowed us to look at the case in an in-depth way.	1	2	3	4
In this supervisory session, I jumped to conclusions about the case and did not model the idea of suspending judgment.	4	3	2	1
In this supervisory session I modeled the strengths perspective by asking the supervisee what was going well on their caseload.	1	2	3	4
In this supervisory session, I focused only on the client and did not ask about extended family, friends or other community supports.	4	3	2	1
At the end of the supervisory session, we made a plan regarding our next meeting time.	1	2	3	4