

Focused Case Supervision Format

Hamilton, N. (2009). *Child Welfare Supervision Manual: Template Forms for Use in Individualized Supervision Programs*.
National Resource Center for Family Centered Practice, University of Iowa School of Social Work.

Caseworker: _____ **Case ID:** _____ **Date:** _____

Relevant Case Information: (What is happening?)

Goal for Supervision: (What do you need from supervision? What decisions need to be made?)

Immediate Case Objective: (What do you want to achieve with the child/family/collateral?)

Strategy/Interventions Tried: (What have you tried?)

Barriers to the Objective: (How are you stuck?)

Questions for Supervision: (What are your questions for supervision?)

Solution to the Barrier: (Actions you will take, as a result of reflection, to get unstuck.)

Reflective Practice Questions for Supervision of the Iowa Model of Practice*

- ✦ In what ways were the child and family engaged in the assessment process?
- ✦ What are the presenting problems?
- ✦ What underlying issues and family dynamics created the situation that led to DHS involvement?
- ✦ What legitimate needs result in the dysfunctional behavior (symptomatic behavior) of family?
- ✦ How was the child's functional status assessed?
- ✦ How are the child and family's basic needs being met?
- ✦ What risks have been identified?
- ✦ Is a safety plan in place? How is it working?
- ✦ What are the family's "inventoried" and "functional" strengths including resources?
- ✦ How do the family's strengths modify risk and/or provide a foundation for change?
- ✦ What does the family identify as their strengths, needs, and preferences?
- ✦ How does the family's perspective influence your assessment of risk?
- ✦ What patterns of behavior have you identified in the family?
- ✦ What is your best guess about what's happening in the family?
- ✦ What is your hypothesis about what is maintaining the problem?
- ✦ What does the sequence of behavior look like? Who does what when? And then what?
- ✦ What are the payoffs for the behavior? Function of the symptom?
- ✦ What supports and services does the family receive?
- ✦ Given your answers to the above questions, is the child safe at this time?
- ✦ If not, what specifically makes the child unsafe?

* Adapted from: Human Systems and Outcomes, Inc., (September, 2002), *Guide for Reflexive Practice*. IDHS, *Child Welfare Practice in Iowa Trainer's Guide* and *Participants' Handouts* as cited in Hamilton, N. (2009). *Child Welfare Supervision Manual: Template Forms for Use in Individualized Supervision Programs*. National Resource Center for Family Centered Practice, University of Iowa School of Social Work.